



E-cigarette/Vaping Prevention

Use of e-cigarettes, also called vapes or JUULs, has become a problem in many schools and homes across the country. Around 1 in 10 middle school students and nearly 1 in 4 high school students have reported using any kind of vaping product in the last 30 days according to the FDA and that number continues to grow. Most of these people didn't use a nicotine product before a vape, making it a popular source of nicotine addiction among young people. Our goal is to decrease that number by getting valuable information about the harmful effects of vape use. Reaching students early is now more important than ever.

The Basics

"The All About That Vape" presentation addresses the abuse of e-cigarettes and how it is affecting youth today. This peer-to-peer presentation was developed by PreventionFIRST! and is designed to be delivered by trained, drug-free, high school teens along with an adult facilitator.

Presentation Objectives:

- ◆ Expand awareness on the issue of e-cigarette/vape usage.
- ◆ Teach strategies to prevent vape use.
- ◆ Understand the nature of addiction.
- ◆ Learn refusal skills and exit strategies.
- ◆ Understand the impact of marketing vape products as well as tips to critically view vaping ads.
- ◆ Learn advice and earn resources on quitting vaping.
- ◆ Have fun while learning.

Recommended grade level: 3-7

Total Time: 45-60 mins

For More Information:

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